To: Councillor Carole Bonner (Chair)  
Councillor Andy Stranack (Vice-Chair)  
Councillors Patsy Cummings, Sean Fitzsimons, Margaret Mead, Andrew Pelling and Gary Hickey  

Reserve Members: Sue Bennett, Sherwan Chowdhury, Pat Clouder, Steve Hollands, Bernadette Khan and David Wood

A meeting of the Scrutiny Health & Social Care Sub-Committee which you are hereby summoned to attend, will be held on Tuesday, 16 January 2018 at 6.30 pm in Council Chamber, Town Hall, Katharine Street, Croydon CR0 1NX. There will be a pre-meet for Members only at 6.00pm in room F4

JACQUELINE HARRIS-BAKER  
Director of Law and Monitoring Officer  
London Borough of Croydon  
Bernard Weatherill House  
8 Mint Walk, Croydon CR0 1EA

Stephanie Davis  
02087266000 x84384  
stephanie.davis@croydon.gov.uk  
www.croydon.gov.uk/meetings  
Monday, 8 January 2018

Members of the public are welcome to attend this meeting.  
If you require any assistance, please contact the person detailed above, on the righthand side.

N.B This meeting will be paperless. The agenda can be accessed online at www.croydon.gov.uk/meetings
AGENDA – PART A

1. **Apologies for Absence**
   To receive any apologies for absence from any members of the Committee.

2. **Minutes of the Previous Meeting** (Pages 5 - 10)
   To approve the minutes of the meeting held on 19 December 2017 as an accurate record.

3. **Disclosure of Interests**
   In accordance with the Council’s Code of Conduct and the statutory provisions of the Localism Act, Members and co-opted Members of the Council are reminded that it is a requirement to register disclosable pecuniary interests (DPIs) and gifts and hospitality to the value of which exceeds £50 or multiple gifts and/or instances of hospitality with a cumulative value of £50 or more when received from a single donor within a rolling twelve month period. In addition, Members and co-opted Members are reminded that unless their disclosable pecuniary interest is registered on the register of interests or is the subject of a pending notification to the Monitoring Officer, they are required to disclose those disclosable pecuniary interests at the meeting. This should be done by completing the Disclosure of Interest form and handing it to the Democratic Services representative at the start of the meeting. The Chair will then invite Members to make their disclosure orally at the commencement of Agenda item 3. Completed disclosure forms will be provided to the Monitoring Officer for inclusion on the Register of Members’ Interests.

4. **Urgent Business (if any)**
   To receive notice of any business not on the agenda which in the opinion of the Chair, by reason of special circumstances, be considered as a matter of urgency.

5. **Adult Safeguarding Board Annual Report** (Pages 11 - 14)
   To review the activity of the Safeguarding Adults Board April 2016 to March 2017

6. **Director of Public Health Annual Report** (Pages 15 - 58)

7. **Question Time: Cabinet Member for Families Health and Social Care** (Pages 59 - 60)
   Question time for the Cabinet Member for Families, Health and Social Care, Councillor Louisa Woodley
8. **IVF Referral Update**  
   Oral Update

9. **Healthwatch Update**  
   An update was received on current work of Healthwatch.

10. **Joint Health Overview and Scrutiny Committee Update**  
    Oral Update

11. **Work Programme (Pages 61 - 64)**  
    To consider and approve the Committee’s work programme for the municipal year 2017/2018.

12. **Exclusion of the Press and Public**  
    The following motion is to be moved and seconded where it is proposed to exclude the press and public from the remainder of a meeting:

    “That, under Section 100A(4) of the Local Government Act, 1972, the press and public be excluded from the meeting for the following items of business on the grounds that it involves the likely disclosure of exempt information falling within those paragraphs indicated in Part 1 of Schedule 12A of the Local Government Act 1972, as amended.”
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Scrutiny Health & Social Care Sub-Committee

Meeting of held on Tuesday, 19 December 2017 at 6.30 pm in Council Chamber, Town Hall, Katharine Street, Croydon CR0 1NX

MINUTES

Present: Councillor Carole Bonner (Chair); Councillor Andy Stranack (Vice-Chair); Councillors Patsy Cummings, Sean Fitzsimons, Margaret Mead and Andrew Pelling

Also Present: Councillor Yvette Hopley

PART A

64/17 Minutes of the Previous Meeting

The Minutes of the meeting held on 21 November 2017 were approved and signed as an accurate record of the meeting subject to the following amendment: Councillor Steve Hollands to be noted as being in attendance at the meeting.

65/17 Disclosure of Interests

There were none.

66/17 Urgent Business (if any)

There were no items of urgent business.

67/17 Dementia Friendly Croydon

Jack Bedeman, Consultant in Public Health gave a presentation to the Sub - Committee on the work that was being carried out by Croydon Dementia Action Alliance (CDAA) to establish Croydon as a Dementia Friendly Borough.

This report had been brought to the Sub Committee for scrutiny prior to a detailed report being presented to the Executive Leadership Team in January 2018.
Dementia is a significant issue not just for Croydon but nationally. The Sub-Committee was informed that there are approximately 850,000 people in the UK living with Dementia. As a result there was significant financial costs to the economy, impact on employers as 51% of carers were also in employment.

The commitment to being formally recognised as a ‘Dementia Friendly Community’ had commenced in March 2017 with the formal launch of Dementia Friendly Croydon planned for March 2018. Croydon had linked with boroughs where Dementia work had progressed significantly such as Merton, for transformation advice and guidance. Additionally, Croydon had taken on board learning from various Dementia proactive boroughs.

The presentation highlighted the plans, structure and proposal for raising awareness, and to seek support for various projects through the engagement of the whole community including Council departments.

Councillor Patsy Cummings arrived at 6.40pm

Croydon had begun to establish itself in terms of Dementia Alliance and had implemented its work plan in the following areas:

- Raising awareness through multiagency working and partnerships.
- Encouraging services such as police and London fire brigade to join the alliance.
- Addressing accessibility issues around the borough
- Engagement with carers.
- Council departments, staff and their interaction with people with dementia.
- Changes to council services to streamline processes to be dementia friendly.
- Working with ‘One Croydon’ Alliance.

The Sub Committee was informed that in order for the Alliance to map out its action plan and track key stages of raising awareness, a work programme had been devised which consisted of the following phases:

Phase One

- Stakeholder Engagement
- Dementia Friendly Workshops
- Identification of key themes for phase two

Phase Two

- Launch of Dementia Friendly Croydon
- Relaunch of Croydon Dementia Action Alliance

The actions under phase two to be implemented during National Dementia week, 15-20 May 2018.
Phase Three

- Submission of formal registration for the National Dementia Friendly Community Programme.

Members queried the financial implication of Croydon being a Dementia friendly borough. The officer responded that there were currently no specific financial implications and any future implication would depend on the extent of the work that is carried out in the borough. The officer further advised that the only current financial overhead were in terms of the workshops and the role of the Dementia Action Alliance & Social Inclusion Coordinator which was currently being funded.

The Sub Committee enquired as to whether there would be an entity that local charities could pay into to support the work that had been done should there be resource issues. The officer advised Members that this may be looked into the future should the need arise for exploration.

In response to Members’ comments that the paper did not address the varying demographics of the prevalence of dementia in different parts of the borough, the Sub Committee was advised that whilst there was a higher frequency of people with the illness in some wards, dementia was significant in all wards. Dementia friendly borough is inclusive and concentrated on accessibility of services by promoting awareness with a view to improving experiences of people when they are out in the community.

Members commented that Croydon University Hospital had recently been accredited in a recent inspection for the use of 'forget me not' signage around the hospital for people with dementia. The Sub Committee were impressed with this innovative use of symbols to provide reassurance for people with the illness and suggested that this could be extended to shops and businesses in the community.

Members also made suggestions that could be considered in the drive to promote inclusion in the community for people suffering from dementia and their carers which included the following:

- Third sector community groups to have a dementia champion in their organisations.
- Dementia roadshow to promote awareness around the borough.
- Croydon Dementia awareness week, separate to the National campaign.
- Publication to be sent to residents on Dementia awareness with council tax bills.
- Work with Croydon Neighbourhood Care Organisation.
- Engagement with operators such as Fairfield and New Addington Bid.

The officer thanked the Sub Committee for their suggestions and advised they would be noted.
In response to Members’ comments that several studies earlier this year highlighted that levels of dementia were not as high as predicted in 2011 and enquired as to the reason for this, the officer stated that specific trend could not be provided but commented that the decrease in vascular dementia due to the over 65’s population living healthier lives could be a contributing factor.

The Sub Committee raised queries on what was being done to target groups that were socially isolated, those without strong networks, minority communities and cultural groups. Members were advised that there had been stakeholder engagement with the Croydon BME forum and will also be engagement with the Learning Disability Forum to address issues of social inclusion.

The Shadow Cabinet Member for Families Health and Social Care directed that the Alliance could be assisted by all Councillors with embedding dementia friendliness through taking forward information on the work that is being carried out to their wards. It was also suggested for all Councillors to attend the awareness workshops provided by the Action Alliance and Social Inclusion Coordinator.

**CONCLUSIONS**
Following discussion, Members were in agreement that they welcomed the aspirations to take action on dementia and the proposed action plan to enable Croydon to become dementia friendly.

The Sub Committee recognised the need for all councillors to attend Alliance meetings as they developed.

The Sub Committee requested that officers return to provide an update on works following the Dementia Friendly Croydon launch in May 2018.

68/17  **Healthwatch Croydon Update**

The Committee were provided with an update of Healthwatch’s work.

69/17  **Joint Health and Overview Scrutiny Committee Update**

The Chair informed the Committee that a meeting of the South West London JHOSC took place on 14 December 2017 to discuss the plans on STP. The Sub Committee members were advised that the meeting focused on the realignment of services with an emphasis on local transformation boards.

The Sub Committee concluded that a letter should be sent to the CCG that Croydon expects to be notified and appropriately consulted in the consideration of reconfiguration of services.

70/17  **Exclusion of the Press and Public**
This was not required

The meeting ended at 7.43 pm

Signed: 

Date: 
1. RECOMMENDATIONS

1.1 That the Croydon Health Scrutiny Committee notes the annual report 2016 – 17 of the Croydon Safeguarding Adults Board.

2. EXECUTIVE SUMMARY

2.1. The purpose of the report is to detail the activity and effectiveness of the Croydon Safeguarding Adults board (CSAB) between April 2016 and March 2017. The report was submitted to the July CSAB board meeting by the Independent Chair which ensures that the statutory partners and other agencies are given the opportunity to give objective feedback on the effectiveness of local arrangements for safeguarding adults in Croydon.

3. CROYDON SAFEGUARDING ADULTS BOARD (CSAB) ANNUAL REPORT

3.1. The Annual Report can be found at the following website address:

3.2 The CSAB has a statutory obligation to publish an Annual Report. The Adults’ Annual Safeguarding Report was presented to Cabinet on 17th July 2017 and to the Adults Social Services Review Panel on 13th July 2017. It is an important function of the Council’s oversight that the safeguarding activity of our most vulnerable residents is given rigorous scrutiny by elected members.

3.3 The report gives a comprehensive update on the multi-agency activity to safeguard adults.

3.4 Page 32 of the report identifies key priorities for this year which are:

- Making Safeguarding Personal – Including ensuring advocacy services are commissioned and accessible to adults at risk.

- Mental Capacity Act – practitioners understand and are able to apply the MCA to ensure all adults at risk are assessed and services tailored to meet their needs.

- The CSAB partners gain greater understanding of the different communities in Croydon and apply this knowledge to service commissioning and delivery.

- The CSAB ensures compliance with the Care Act 2014 with focus on Mutual challenge and Duty of Candour.

- Awareness Raising and Engaging Communities with a focus on Financial Abuse and Social Isolation

3.5 Activity

Pages 11-14 outline the safeguarding activity. Last year there were 2589 Safeguarding Concerns, this is an increase of 114 from the previous reporting year. On one level this is positive as we are raising awareness about adult safeguarding however, it is noticeable that the number of cases going on to be Section 42 Enquiries has fallen. A section 42 Enquiry is a formal investigation if there is evidence of abuse or neglect and the adult is unable to protect themselves. Last year 66% of concerns raised went on to be Enquiries, this percentage is now around 38%. This is a positive move as it brings Croydon in line with other Local Authorities both in London and Nationally. This change has been driven by the safeguarding triage process based in the Centralised Duty Team. Previously some concerns were subject of enquiries which was not always the best option for the person at the centre of the safeguarding concern. Triage ensures that the wishes and feelings are considered and that the most appropriate route it chosen to meet the person’s needs and to protect them.

3.6 Progress made by the CSAB

The Statutory Guidance enshrines the Six Principles of Safeguarding. These are Empowerment, Prevention, Proportionality, Protection, Partnership and Accountability. Pages 17 -23 outlines the Boards progress in ensuring these principles are embedded and also sets out areas of development.
3.7 The business plan for 2017/18 sets the priorities going forward:

- Prevention and early identification of adults at risk of abuse
- Commissioning to ensure vulnerable adults services that protect them from abuse and there is a robust response to market failure
- Voice of service users is central to the work of the CSAB and all partners and influences policy and practice
- Making Safeguarding Personal is central to the commissioning and delivery of services to vulnerable adults.
- The CSAB ensures there is effective communications with Croydon residents, between professionals, agencies and between different Boards and Partnerships.

3.8 Current Position

Since the publication of the Annual Report Sarah Baker has left the role of Independent Chair. An Interim Chair was appointed until a permanent Chair was recruited. The Interim Chair is Doctor Adi Cooper, Adi is the LGA Care and Health Improvement Advisor for London, she Chairs two other London Boards and is nationally renowned as an authority on Safeguarding Adults. Dr Cooper took up the role in October 2017. Interviews for a permanent Chair took place on the 7th December when Annie Callanan was appointed and accepted the post, Annie will take up post on the 25 January when she will Chair the next CSAB meeting. Annie is an experienced senior manager with a wide base of expertise in Social Care and Health. She is currently the Safeguarding Adult Board Chair in both the LB Bexley and West Sussex.

Safeguarding Adults continues to be a major priority for the Council, which is led by the Adult Social Care & All Age Disability Division. A key focus continues to be on Making Safeguarding Personal. The Division is currently reviewing its safeguarding processes to ensure that adult safeguarding is fully embedded across the Council and partners. A key area is the work with social care providers to ensure that quality services are provided for Croydon residents.

The Board recognises the importance of the partnership in working together to meet the above objectives.

4. CONSULTATION

4.1 Statutory Partners contributed to the Annual Report along with local agencies and the CSAB Committee members.

5. EQUALITIES IMPACT

5.1. A key priority for the Council is ensuring we work with our partners to make Croydon a stronger and fairer place for all our communities. The impact of the proposals that have been and / or will be delivered through the structures outlined in this report are expected to have a positive impact on residents with different protected characteristics, in particular older people, women and the BME communities.
5.2. Quality assurance data provided in the annual report is designed as a summary set of information and is provided at a high level, without detailed breakdown of groups with various protected characteristics. However, as a multi-agency Board, and with an independent identity, the new performance dashboard will still enable the Croydon Safeguarding Adults Board to assess its impact against the Council’s Equality Policy (2016/20) and statutory Equality Objectives (2016/20).

5.3 Although partner agencies cannot be held accountable to these, as statutory agencies they will have their distinctive organisational equality objectives and policies, under the Public Sector Equality Duty.

5.4 The equality objectives for 2016 - 20 with which this work is particularly aligned are on community safety (domestic abuse), and social isolation. It also aligns with the Independence and Liveability objectives of the Corporate Plan.

5.5 Going forward, the Board will need to consider which agency carries the corporate risk to show ‘due regard’, under the Public Sector Equality Duty of the Equality Act, as and when projects and programmes arise from the work of Croydon Safeguarding Adults Board.

CONTACT OFFICER: Nick Sherlock, Head of Adult Safeguarding and QA Adult Social Care and All Age Disability Service
Ext: 10020

APPENDICES: None

BACKGROUND DOCUMENTS: Annual Report 2016 – 17
1. EXECUTIVE SUMMARY

1.1 The 2017 Director of Public Health’s Annual Report as signed off by Cabinet in October 2017, presents population changes and challenges in Croydon over the next 10-15 year period. It also attempts to illustrate the conundrum of differences in the various population data sources and stresses the importance of understanding these differences particularly in choosing appropriately for service planning and resource allocation. It highlights the importance of selecting the most appropriate indicators, for needs based resources allocation formulae without which there is little scope to eliminate often avoidable health and socio-economic inequalities.

1.2 The report also recognises and discusses that certain individuals and groups are more vulnerable than others and are therefore likely to be particularly at risk. It highlights for three age ranges along the life course; key issues and population changes that require particular attention in order to achieve fairness in outcomes. It is presents this information in the context of population change for the respective age groups.

1.3 Therefore in summary, the report focuses on Demographic changes and challenges and is presented in 3 sections;
   A. Changes in Croydon overall
   B. Changes in key geographical localities of Croydon and
   C. Changes in key population sub-groups across the life course

1.4 The information presented in this report is intended to bring about discussions regarding the way resources are allocated, local services are planned and
commissioned taking local populations (current and future) into account.

1.5 The 2017 Director of Public Health Report is an appendix to this report.

2. **Director of Public Health’s Annual Report**

2.1 **Background**

Public Health is the art and science of preventing disease, prolonging life and promoting health through the organized efforts of society. It includes working to reduce inequalities in society.

Fundamental to both is the knowledge and understanding of populations. The intelligence generated is critical to how services are planned and resources are allocated, whether they are health care services, local authority services including social care, children’s services, street cleansing, housing services welfare services, public safety, regeneration or other statutory services that contribute to the health and wellbeing to the people Croydon for example, the Police, Fire and Rescue.

2.2 **Report Focus**

3.1 **Overall**, in 2016 there were 382,300 people in Croydon, the second largest population in London. By 2031, there will be 434,448 people in Croydon, an increase of 12% in the next 15 years.

3.2 Absolute increase alone however, would not tell us how the local population is changing. Creating population profiles for specific age bands, community groups or small geographies helps to inform the targeting of services to specific characteristics of local communities.

3.2.1 **Age**: Geographically in Croydon, we appear to have a population age gradient across the borough from north to south. Croydon currently has the largest younger ages population, 3rd largest working age population and 3rd largest older ages population in London.

3.2.2 **Ethnicity**: Currently, Croydon has 50.7% Black, Asian and Minority Ethnic (BAME) population. By 2025 this is predicted to be 55.6%. Younger ages are more diverse.

3.2.3 **Population Mobility**: Croydon’s net migration figures are in the 100s. However population turnover per year reaches figures over 20,000. One third of all London’s unaccompanied asylum seeking children (UASC) are in Croydon, making us the borough with highest numbers of UASC.

3.2.4 **Deprivation**: Overall, Croydon has become more deprived. 10,261 people in Croydon live in areas considered to be within the 10% most deprived in the whole country. Two small areas (Lower super output areas) have become significantly more deprived since 2010. These areas are within the wards of West Thornton and Fieldway.

3.2.5 **Key Geographical Localities**: If we expect, most planned developments in the Growth Zone to be completed by 2031, around the same time, population in the Fairfield ward would have increased by 71.6% its current
size, the 12th highest ward population increase across all of London’s wards

### 3.2.6 Stages across the life course:

a) **Younger Ages:** highest number of 0-17 year olds in London. Ages 10-14 and 15-19 are showing the largest increases (2016-25).

Events during pregnancy and early childhood lay the foundations for our physical, emotional and socio-economical resilience in adulthood and later years. It is a crucial time for services to engage parents and young children. National social return on investment studies showed returns of between £1.37 and £9.20 for every £1 invested

For some children however, life is more complex and inequalities can begin at a very early stage, holding back development and access to opportunities. In the worst cases, health outcomes are amongst the worst in the ‘developed countries’.

b) **Working Ages:** 3rd highest number of 18-64 year olds in London. Ages 55-59 and 60-64 are showing the greatest increases (2016-25).

The health and wellbeing of our working age population often has impacts far beyond the individuals themselves. Families, children, workplaces, business and communities are all impacted.

Plans for a flourishing working age population cannot look in isolation at the population ‘in work and well’, and must include support for those with health or social problems to stay in work as well as supporting those who have not yet found work or become workless to return to work

c) **Older Ages:** 3rd highest number of people 65 year and over in London. Ages 75-79 and 85+ are showing the greatest increases (2016-2025)

Older adults and carers of older adults are not just consumers of health and social care services but also important contributors to society and local communities and have a wealth of experience to offer.

It is important that we facilitate this section of Croydon’s population to continue to make a contribution to their own health and wellbeing, to society and to live lives to their full potential.

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**CONTACT OFFICER:** Nerissa Santimano, Public Health Principal

**APPENDICES:** Appendix 1: Director of Public Health’s Annual Report

**BACKGROUND DOCUMENTS:** None
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I'm pleased to be introducing the 2017 Annual Public Health Report. This is the second report from Rachel Flowers, our Director for Public Health. This report tells us about the health and wellbeing of Croydon residents. It’s about real people, real lives and real issues that as a community we need to understand and improve.

We are delivering major positive change for Croydon – new homes, new jobs and new opportunities. Health is an important part of realising these opportunities.

Croydon residents make Croydon the exciting, young and ever-changing borough it is today. We are one of the biggest boroughs in London by population and have growing and welcoming communities. And with over 100 languages spoken, Croydon’s diversity is something we celebrate.

The more we understand about the health of our borough, the more we can help bring about positive and sustainable change. It’s challenging that Croydon, like many parts of London, has some stark health inequalities. You can see male life expectancy decrease by 10 years between the areas of Selsdon and Ballards to Selhurst – communities just a 30 minute bus journey apart. It’s clear we need to take action.

I hope this report provides an opportunity for us to think, challenge and improve health outcomes in Croydon now and into the future.

Tony Newman, Leader of the Council
I've been working in Croydon since February 2016 and what's clear is that most people outside the borough just don’t understand it.

Did you know that if Croydon were a city it would be the 8th largest in the UK, ahead of Wakefield and Coventry? We are, in all but name, a City on the edge of a Global City, with a large and growing population of increasingly complex needs.

So my second Director of Public Health report will be setting out the Demographic Changes and Challenges for Croydon.

In particular, this report will highlight the high level population changes and challenges in:

1. Croydon overall
2. Key geographical localities of Croydon, and
3. Key sub-groups

Public Health is the art and science of preventing disease, prolonging life, and promoting health through the organised efforts of society. An essential part for me is that it includes working to reduce inequalities in health and society as a whole.

Fundamental to achieving this is the knowledge and understanding of populations. Demographics is the study of populations and involves collecting data on population characteristics such as age, sex, ethnicity, income, employment, state of health etc.

The intelligence that is generated is critical to how services are planned and resources are allocated. These may be health care or local authority services, street cleaning, housing, or welfare services, public safety, regeneration, or services of other agencies including the Police, Fire and Rescue.

Whilst understanding changes and future challenges is essential to good planning, sometimes events take place that cannot be predicted and where we need to respond rapidly and compassionately.

On 9th November 2016, a tram incident happened in Sandilands which killed many, injured many more and impacted on the local community, all of Croydon and beyond. We are still feeling the impact. My thoughts are with those families who lost loved ones, and the many who were injured, physically or emotionally. I just want to acknowledge the work and dedication of every person involved in any part of this tragedy. Thank you.
This report presents the population changes and challenges in Croydon over the next 10-15 year period.

It highlights changes to the population in:

1. Croydon overall
2. key geographical localities of Croydon, and
3. key population sub-groups

The report raises the issue of differences in the various population data sources and stresses the importance of understanding these differences, particularly in choosing appropriately for service planning and resource allocation. It also highlights the issue of needs based formulae to conduct such planning and the inherent dependence on selecting the most appropriate need indicators, without which there is little scope to eliminate often avoidable health and socio-economic inequalities.

It also recognises and discusses that certain individuals and groups are more vulnerable than others and are therefore likely to be particularly at risk. It highlights, for three age ranges along the life course, key issues that require particular attention in order to achieve fairness in outcomes.

Overall, in 2016 there were 382,300 people in Croydon, the second largest population in London. By 2031, there will be 434,448 people in Croydon, an increase of 12% in the next 15 years.

Absolute increase alone, however, would not tell us how the local population is changing. Creating population profiles for specific age bands, community groups or small geographies helps to inform the targeting of services to specific characteristics of local communities.

**Age:** Geographically in Croydon, we appear to have a population age gradient across the borough from north to south. Croydon currently has the largest younger ages population (0-17), 3rd largest working age population (18-64) and 3rd largest older ages population (65 and over) in London.

**Ethnicity:** Currently, 50.7% of Croydon's population (all ages) are Black, Asian and Minority Ethnic (BAME) groups. By 2025 this is predicted to be 55.6%. Younger age groups are more diverse.

**Population Mobility:** Croydon's net migration figures are in the low hundreds. However, population turnover per year reaches figures over 20,000. One third of all London's unaccompanied asylum seeking children (UASC) are in Croydon, making us the borough with the highest numbers of UASC.

**Deprivation:** Overall, Croydon has become more deprived. 10,261 people in Croydon live in areas considered to be within the 10% most deprived in the whole country. Two small areas (Lower Super Output Areas) have become significantly more deprived since 2010. These areas are within the wards of West Thornton and Fieldway.

**Key Geographical Localities:** If we expect most planned developments in the Town Centre to be completed by 2031, around the same time, population in the Fairfield ward will have increased by 71.6% its current size, the 12th highest ward population increase across all of London's wards.
SUMMARY:

Stages across the life course:

A. Younger Ages: We have the highest number of 0-17 year olds in London. Ages 10-14 and 15-19 are showing the largest increases (2016 to 2025).

Events during pregnancy and early childhood lay the foundations for our physical, emotional and socio-economical resilience in adulthood and later years. It is a crucial time for services to engage parents and young children. National social return on investment studies showed returns of between £1.37 and £9.20 for every £1 invested.

For some children, however, life is more complex and inequalities can begin at a very early stage, holding back development and access to opportunities. In the worst cases, health outcomes are amongst the worst in the ‘developed countries’.

B. Working Ages: We have the 3rd highest number of 18-64 year olds in London. Ages 55-59 and 60-64 are showing the greatest increases (2016 to 2025).

The health and wellbeing of our working age population often has impacts far beyond the individuals themselves. Families, children, workplaces, business and communities are all impacted.

Plans for a flourishing working age population cannot look in isolation at the population ‘in work and well’; and must include support for those with health or social problems to stay in work as well as supporting those who are unemployed to find work.

C. Older Ages: We have the 3rd highest number of people aged 65 and over in London. Ages 75-79 and 85+ are showing the greatest increases (2016 to 2025).

Older adults and carers of older adults are not just consumers of health and social care services but also important contributors to society and local communities and have a wealth of experience to offer.

It is important that we facilitate this section of Croydon’s population to continue to make a contribution to society, be supported in their health and wellbeing, and to live lives to their full potential.

Concluding remarks:

The information presented in this report is intended to bring about discussions regarding the way local services are planned and commissioned, taking local populations (current and future) into account. It is a tool we hope will find use amongst policy makers, services, and residents alike.
The three main sources of population data in the UK are:

<table>
<thead>
<tr>
<th>Source</th>
<th>Description</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Office for National Statistics</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Greater London Authority (GLA)</td>
<td>for London boroughs only</td>
<td></td>
</tr>
<tr>
<td>General Practice Patient Registers</td>
<td>show people who are ‘registered’ with a GP in an area (the registered population)</td>
<td></td>
</tr>
</tbody>
</table>

Whilst there is no set recommendation about which source of data is preferred, it is important to understand the differences between the datasets produced by these sources and the factors behind such differences. Some of these can be very large. These differences are **important when choosing appropriate data for service planning and resource allocation.**

A general challenge with any dataset is its timely availability; how up-to-date the data are and how quickly it can become out-dated. A second challenge is selecting datasets which provide the most appropriate data for your project, service or analysis.

For example:

**Current Croydon Population Estimates. These are all published statistics ordered by size, but which would you use?**

- 382,304  2016 Mid year estimates, ONS
- 383,488  2015 Round SHLAA based projections, GLA
- 383,378  2011 Census, ONS
- 386,670  2014 Sub national population projections, ONS
- 401,627  2016 GP Population Register, GLA
Not only does this apply to current service planning, it also holds significance when planning for the future.

For example, the chart below shows various sources of population data and demonstrates how according to each the population is estimated to grow. Note that the ONS Sub-National Population Projections (SNPP) data released in 2010 under-represents the population as estimated by the other datasets. It is possible therefore, that services planned based on the 2010 SNPP estimates may have under-estimated size and/or need.

The size of the shapes do not represent proportions or size of population in each category.

Despite variations and differences, each data source has its significance and provides valuable insight for resource planning and allocation.

In the case of population size taken from GP patient registers for an area, often these are overestimates of the population in that area. This is because they

- don’t include those who are not registered with a local GP (the unregistered population), even if they are resident in that area.
- can however, include individuals who may have moved out of the area, but were not removed from the patient list.
In 2016 there were 382,300 people in Croydon. This is the 2nd highest in London.

Source: 2016 Mid Year Population Estimates, ONS

By 2031 there will be 434,448 people in Croydon, a 12% increase in the next 15 years.

Source: 2016 Round SHLAA based projections, GLA

This is an increase of roughly twice the capacity of Crystal Palace Football Club at Selhurst Park. And yes, our population is slightly smaller than that of Barnet in this year’s report. In another year, it might be larger.

2x the capacity of Crystal Palace FC at Selhurst Park

Changes in population size are subject to a number of influences over time. Some take a few years, some take decades.
In 2016 there were 5,884 live births in Croydon.

General Fertility Rate (GFR) 73.7 live births per 1,000 women aged 15-44.

In 2015 58.1% of births in Croydon were to mothers who are over 30.

4th highest GFR in London and has increased from 71.0 in 2011.

7th lowest rate in London. This has increased from just 50.6% in 2009.

Between 2013 and 2015 113 deaths from infectious diseases 13.6 per 100,000 people 10th highest rate in London. This has increased from a rate of 10.2 in 2009-11.

In 2015/16 75.3% of eligible children received two doses of MMR vaccine on or after their 1st birthday and at any time up to their 5th birthday.

5th lowest rate in London. This is similar to the 75.1% rate in 2010/11.

Net migration (people entering and leaving) for Croydon in the last few years was in the low hundreds.

Some of these global influencing factors are presented below with examples of the situation in Croydon:

**Sustainability in terms of food and nutrition**

**War**

**Public hygiene and sanitation**

**Economic policy**

And many others like...
Age:

Looking only at the absolute increase in population size would not tell us the patterns of change locally. For this we create 'Population Profiles'. These may describe changes by age groups, community groups or geographically and can help services to be targeted to the specific characteristics of local population groups.

Let’s look first at the age profile for Croydon.

This population pyramid shows the percentage of Croydon’s population in each 5-year age group. The line on the chart represents London’s population.

For example;

Eight per cent of Croydon’s males are aged under 4 years. This is 7% for Croydon’s females aged under 4 years.

The middle of the pyramid represents the working age population. A notable difference is the gap between Croydon and London in the 25-44 age group. This shows Croydon has a smaller percentage of its population that is of working age when compared to London overall.
The age structure of the population as shown in the population pyramid above has an overwhelming influence on health and social care service needs. Some resource allocation calculations therefore account for this using a technique called 'age-weighting'.

The ages which entail the highest level of health and social care involvement are:

**NEONATAL AND INFANCY**

where advances in hygiene and immunisation have greatly reduced deaths in children

**FERTILE YEARS FOR WOMEN, INCLUDING PREGNANCY**

Croydon’s fertility rate is 4th highest in London has increased by 3.8% between 2011 and 2015

**OLD AGE**

when multiple pathologies are common and the likelihood of an additional illness or condition arising increases with age and healing tends to be slower.

As of 2015/16 4,277 clients aged 65 and over received long-term support in Croydon

Similarly, comparing absolute numbers across London, Croydon has the 3rd highest number of people aged 65 and over and this is expected to remain 3rd highest when projected to 2025

Compared to London, a greater proportion of our population is aged 65 and over. But compared to England this is smaller.

Locally, demand for maternity, including ante-natal, neo-natal and children’s services, as well as health and social care, nursing and residential services for older adults will be influenced by population need and numbers in these broad life stages.
Geographically in Croydon, we appear to have a population age gradient across the borough from north to south. Therefore in addition to size of services, location is also important and affects our ability to deliver services in a targeted and timely manner.

**0-17 YEARS OLD**

**2016:** 94,434 (24.7%)
Highest number in London
Source: 2016 Mid year estimates, ONS

**2025:** 102,074 (24.5%)
Highest number in London
Source: 2015 Round SHLAA based projections, GLA

**% OF POPULATION WHO ARE 0-17, CROYDON 2015**

**18-64 YEARS OLD**

**2016:** 237,663 (62.2%)
3rd highest number in London
Source: 2016 Mid year estimates, ONS

**2025:** 252,046 (60.6%)
4th highest number in London
Source: 2015 Round SHLAA based projections, GLA

**% OF POPULATION WHO ARE 18-64, CROYDON 2015**

**AGED 65+**

**2016:** 50,206 (13.1%)
3rd highest number in London
Source: 2016 Mid year estimates, ONS

**2025:** 61,859 (14.9%)
3rd highest number in London
Source: 2015 Round SHLAA based projections, GLA

**% OF POPULATION WHO ARE 65+, CROYDON 2015**

All maps source: 2016 Mid year estimates, ONS
All maps reproduced by permission of Ordnance Survey on behalf of HMSO. © Crown copyright and database right 2017. OS Licence number 10001927
Ethnicity:

A further aspect of population structure and change is ethnicity.

CROYDON HAS A DIVERSE POPULATION

In 2017

- **49.3%** of Croydon are White*
  (includes 'White British', ‘Other White’ and ‘White Irish’)

- **50.7%** Black, Asian and Minority Ethnic (BAME)

**BY 2025 THIS WILL BE**

- **44.4%** White
- **55.6%** BAME*

The younger population is more diverse than the older population in Croydon. The figure below demonstrates how the ethnic profile for Croydon will change over the next 10 years across all age groups.

**PROJECTED CHANGE IN ETHNICITY BY AGE IN CROYDON, 2017-2025**

*For a breakdown of ethnic groups included within BAME please see page xx
Croydon’s communities speak more than 100 different languages, other than English, and this does not include sign languages! As with other London boroughs, Croydon has a higher proportion of residents from black and minority ethnic backgrounds than the national average.

Often, language barriers get in the way of residents accessing the most appropriate services at the right time. This can result in patients not attending their appointments, residents not responding to notifications or letters, or having to make multiple attempts before arriving at the right service.

Information needs to be made available in formats accessible to the full spectrum of Croydon’s population, including very importantly, Braille and British Sign Language.

Source: Census 2011, ONS
The effects of population movement:
Population estimates and projections take into account migration data. This includes people moving into Croydon from other parts of the United Kingdom (UK) as well as from outside the UK.

Ethnicity is different from country of birth or nationality.

CROYDON NET MIGRATION

During 2015 - 2016

- total in

- total out

= -195

Source: 2016 Mid year estimates, ONS

Although the net migration (used to calculate population projection) figure for Croydon is only in the low hundreds, the turnover of people coming into and leaving the borough reaches figures of roughly 25,000 per year. The size of this turnover has been increasing over the last few years. Therefore whilst the overall population size isn’t affected, the size and profile of turnover has an impact for services planning and delivery.

Croydon’s turnover is average for London but notably Croydon ranks after primarily inner-London boroughs.
Data on National Insurance Number registrations also sheds some light on the population transiting or entering Croydon.

For example, 7,279 people whose previous address was overseas, registered for a National Insurance Number in Croydon during 2016/17. This is the 13th lowest number in London and does not indicate how many continued to live in Croydon or for how long.

Having the Home Office based in Croydon also brings an added layer of complexity to our experience of population turnover compared with London.

As a borough, we have the largest number of Unaccompanied Asylum Seeking Children (UASC) in London (430 in Croydon and only 1,440 in London all together). Roughly 1 in 3 of all London's unaccompanied asylum seeking children (UASC) are in Croydon, the Council has parental responsibility for them.

It is important to note that the migration data sources presented here measure different things and vary in their definitions and the geographies they cover. Therefore, they cannot be directly compared with each other.
Socio-economic profile and deprivation:

Health, disability and life expectancy are linked with deprivation. For example:

- if you are a 35-39 year old male in the POOREST SECTIONS OF SOCIETY, you are JUST AS LIKELY TO HAVE A DISABILITY as a 60-64 year old male living in the MOST AFFLUENT PARTS OF SOCIETY.

A similar gap, although slightly smaller, also exists for women. (2011 Census, ONS)

Additionally, inequalities in life expectancy exist geographically. For example in Croydon, male life expectancy increases by 10.6 years along a 30 minute bus journey.

Male Life Expectancy increases by 10.6 years during this 30 minute journey.

Start .......... CR0 2JT (Selhurst Ward)
11 mins  Walk to Whitgift Centre
15 mins  412 Bus to Arkwright Road
4 mins  Walk to Moir Close, South Croydon

Finish .......... CR2 0LQ (Selsdon and Ballards Ward)

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Source: 2010-2014, Male Life Expectancy, GLA
Croydon is the 17th most deprived of London’s 33 boroughs (IMD 2015 rank of average score). In 2010 it was the 19th most deprived.

The map below indicates areas in Croydon that are classed within the most deprived areas of the entire country.

The map shows that 10,261 people live in areas across Croydon, considered to be within the 10% most deprived in the whole country (the darkest 2 shades of purple on the map).

Broad Green and New Addington are the most deprived wards in the borough. By 2025, the population in these wards is expected to increase by 8.8% and 6.8% respectively.

**Indices of Deprivation 2015 Croydon Lower Super Output Areas (LSOA)**

<table>
<thead>
<tr>
<th>Ward</th>
<th>2017 Population</th>
<th>Projected Population</th>
</tr>
</thead>
<tbody>
<tr>
<td>Broad Green</td>
<td>21,847 (8.8%) increase</td>
<td>747 (6.8%) increase</td>
</tr>
<tr>
<td>New Addington</td>
<td>11,667</td>
<td>10,920</td>
</tr>
</tbody>
</table>

Map reproduced by permission of Ordnance Survey on behalf of HMSO. © Crown copyright and database right 2017. OS Licence number 10001927.

Source: 2015 Indices of Deprivation, Department for Communities and Local Government

Source: 2015 Round ward based projections, GLA
Spatial changes:
The north of Croydon is more densely populated than the south of the borough.

In 2011, on average there were 42 people per hectare in Croydon. In 2015 this had risen to 43.8

The north of Croydon is more densely populated than the south of the borough.

The ward with the single most significant amount of projected change is Fairfield ward. It is expected to experience the greatest population increase over the next 10-15 years; far more than any of Croydon’s other 23 wards.

Source: 2015 Mid year estimates, ONS

Source: 2015 Mid year estimates, ONS
The **Croydon Growth Zone** is almost entirely encompassed within **Fairfield ward** and includes a number of developments including housing in and around the town centre as shown in the map below.

**PROJECTED HOUSING DEVELOPMENTS IN CROYDON (LOCAL PLAN)**

The map below shows the projected housing developments in Croydon Growth Zone area by 2021 (Local Plan). Minimum number of households for building development by 2021:
- Above 200 households
- Below 200 households

Population growth usually results in increasing levels of need. A role when planning for the future, is to consider not only future housing needs but also education provision, children and adult social care, health provision, crime and environmental impacts.

**WE ARE CROYDON: A CHANGING POPULATION**

**Population Profiles:**

46% (61 out of 133) of all Croydon developments spanning the duration of the Local Plan are within **500 metres of the TOWN CENTRE**

In more immediate terms, **by 2021** there will be between **1,147** and **2,230** new households within **500 metres of the TOWN CENTRE**

All map reproduced by permission of Ordnance Survey on behalf of HMSO. © Crown copyright and database right 2017. OS Licence number 10001927

Source: Croydon Council
The ward has a higher proportion than London and Croydon overall, of 25-39 year olds and 0-4 year olds; this could indicate a population of young families.

Currently the size of Fairfield ward’s population ranks 3rd of Croydon’s 24 wards.

If we expect most planned developments to be completed by 2031, around the same time, population in the Fairfield ward will have increased by 71.6% its current size, the 12th highest ward population increase across all of London’s wards.

Currently from 20,657 to 35,438 by 2031, an increase of 5 times the capacity of Fairfield Halls.
“A key policy objective in most publicly financed health and social care systems is to allocate resources according to need.”

Therefore, the primary aim of any resource allocation calculation is not so much to guarantee that all needs are met, but to ensure using demographic intelligence, that as far as possible, all sub-populations have equitable or fair access to these resources at the time of need.

The graph here shows how funding per head of population available to Croydon differs from other London Boroughs. However, there are some interesting dynamics, for while Croydon ranks as average in relation to deprivation, it has the 2nd largest population in London.

The challenge for Croydon is that it is an outer London borough with inner London issues and a very large population. Although formulae can be used to systematically distribute resources, it is essential that the formulae are based on population need. The challenge with this, is then choosing the most appropriate indicators of need. Just like differences exist in population estimates, substantial differences in need also may exist between local areas or regions.

Without a formula that is sensitive to these differences in population size and need, there is little scope to eliminate the avoidable health and socio-economic inequalities that exist within and between populations.
POPOPULATION CHANGE; THE COMMUNITY STRATEGY AND CROYDON’S CORPORATE CONTRIBUTION

Croydon’s Community Strategy is the overarching strategy for the entire borough and sets out the direction for the Local Strategic Partnership (LSP). It has 3 key objectives:

VISION: ‘WE ARE CROYDON’
By 2040 Croydon will be an enterprising, learning, caring, connected, creative and sustainable place

Outcome 1: (Place)
A GREAT PLACE TO LEARN, WORK AND LIVE

Priority 1
Deliver infrastructure for growth

Priority 2
Build new homes

Priority 3
Support the local economy to grow

Priority 4
Deliver a vibrant cultural offer

Priority 5
Secure a safe, clean and green borough

Outcome 2: (People)
A PLACE OF OPPORTUNITY FOR EVERYONE

Priority 1
Reduce poverty and deprivation

Priority 2
Support individuals and families with complex needs

Priority 3
Prevent homelessness

Priority 4
Deliver better education and the opportunity to reach full potential

Priority 5
Secure a good start in life, improved health outcomes and increased healthy life expectancy

Outcome 3: (Community)
A PLACE WITH A VIBRANT AND CONNECTED COMMUNITY AND VOLUNTARY SECTOR

Priority 1
Build cohesive and strong communities, connecting our residents, local groups and community organisations

Priority 2
Strengthen and mobilise our voluntary, community and social enterprise sector

Priority 3
Support the local economy to grow

Priority 4
Deliver a vibrant cultural offer

Priority 5
Secure a safe, clean and green borough
And Croydon’s Corporate Plan sets out the Council’s own contribution to the Community Strategy and also has 3 key objectives to help achieve this:

1. Growth: growth promise
2. Independence: independence strategy
3. Liveability: liveability strategy

The diagram illustrates the objectives that have been translated from the Corporate Plan into the Ambitious for Croydon Performance Framework. The framework is used to monitor how well we are achieving against these objectives.

Bearing these in mind, this year’s Director of Public Health report presents examples of key issues or local groups that may require particular attention in order to achieve fairness in outcomes.

The following pages are laid out to present the evidence in some key areas, followed by the overall demographic profile and change in that population age-group. This is done consistently for three broad age groups along the life course.
Poor management of long-term conditions like Asthma, Obesity or Diabetes in childhood can have lasting and severe health implications not only during childhood but also during later life.

Being in care when young affects mental health in adulthood, is linked with increased levels of antisocial behaviour, emotional instability, psychosis, increased risk of substance misuse and living in poverty. It is also associated with a higher risk of sexual exploitation. Unaccompanied asylum seeking children (UASC) leaving care may have specific difficulty in securing long-term tenure due to the uncertainty of their status in the UK – putting them at greater risk of homelessness.

Children with disabilities or special needs are more likely to experience or live in poverty.

Half of all mental health problems begin by age 14 years. Again, with delayed or no diagnosis and consequently inadequate treatment or management – significant numbers of children may grow into adulthood less resilient and ill-prepared to be able to flourish.

Our earliest experiences start in the mother’s womb and can shape a baby’s brain development. Early months and years lay the foundations for our physical, emotional and socio-economical resilience in adulthood and later years. It is a crucial time for services to engage parents and young children. Investing in early years services can improve babies’ and children’s health outcomes.

Children from households in temporary accommodation are at greater risk of respiratory problems, stress anxiety and depression, behavioural problems, bullying and social exclusion as well as lack of a safe environment.

FOR EVERY £1 INVESTED £1.37 to £9.20 RETURN

National social return on investment

Every child deserves the best start in life

Children with disabilities or special needs are more likely to experience or live in poverty.

Provide unpaid care and assistance for family, friends or others. There are likely to be young carers at every school and college. Many struggle to juggle education and caring, causing pressure and stress.

For some children however, life is more complex and inequalities can begin at a very early stage, holding back development and access to opportunities. In the worst cases, health outcomes are amongst the worst in the ‘developed countries’. Here are some examples of some of these health and wellbeing determinants:

Looking after children

Mental health

Long-term conditions

Housing

Disabilities

Young carers

Change and challenge across the life course: Younger ages:

WE ARE CROYDON: A CHANGING POPULATION

Director of Public Health Report 2017
1 in 116 children aged under 18 in Croydon is looked after, the 3rd highest rate in London. Includes young people in care and unaccompanied asylum seeking children (UASC).

Almost 1 in 2 of all looked after children in Croydon is an unaccompanied asylum seeking child.

No UASC in Croydon are currently being overseen by the Croydon Multi-Agency Sexual Panel due to risks not being identified.

Almost 1 in 4 of 10-11 year olds in Croydon are obese.

Hospital admissions for asthma among Croydon children aged 0-9 was worst in London.

Almost 1 in 4 eligible children in Croydon have not received two doses of MMR vaccine on or after their 1st birthday and at any time up to their 5th birthday, the 6th lowest performance in London.

2 in 3 of people overall, start smoking before their 18th birthday. It is the #1 cause of health inequalities.

2 in 3 of young people visits (18-21) to the Croydon Drop in Zone in the 1st quarter of 17/18, were for housing/homelessness advice.

1 in 747 households headed by young people (16-24) in Croydon were accepted as homeless.

Anxiety and depression are 3x more common among children who have lived in temporary accommodation for more than a year.

1 in 3 in 116 of Croydon’s 0-24 year olds are unpaid carers.

1 in 9 of young carers (0-24) in Croydon, provides full time care.

Time spent caring appears to impact young carers the most.

25 countries

Croydon is currently looking after children from 25 countries. The large majority are boys aged 16-17.

Almost 1 in 2 of all looked after children in Croydon is an unaccompanied asylum seeking child.

No UASC in Croydon are currently being overseen by the Croydon Multi-Agency Sexual Panel due to risks not being identified.

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Almost 1 in 2 of all looked after children in Croydon is an unaccompanied asylum seeking child.

No UASC in Croydon are currently being overseen by the Croydon Multi-Agency Sexual Panel due to risks not being identified.
Croydon has the largest young person population in London (both 0-17 and 0-24).

Proportionately compared to the other London boroughs, Croydon has the fifth highest proportion of its population aged 0-17 years and the eighth highest proportion aged 0-25 years.

Croydon young people are aged 0-17 years (24.7%) and aged 0-24 years (32.2%).

All but two of these 6 areas have become more deprived since 2010, and two have become significantly more deprived. The two wards that contain these very deprived albeit small areas are West Thornton and Fieldway.

Fieldway ward has the highest proportion of young people.

The overall rate of growth (2016-2025) in Croydon is 6.8% in the 0-24 age group. This is similar to London (6.5%).

10-14 and 15-19 age ranges show the largest increases.
The health and wellbeing of our working age population often has impacts far beyond the individuals themselves. Families, children, workplaces, business and communities are all impacted. For many, work (paid or unpaid) is part of their identity and often underpins wellbeing. However a lot can get in the way of us purposefully engaging with society, community and business during our working age.

**Plans for a flourishing working age population cannot look in isolation at the population ‘in work and well’, and must include support for those with health or social problems to stay in work, as well as supporting those who have not yet found work or become workless to return to work.**

Examples of some determinants of working age health and wellbeing are:

### HOUSING

Young adults are becoming the most likely group to live in poverty and to experience homelessness.

The most common reasons for homelessness in younger adults are parental evictions, exclusion by friends and relatives and general relationship breakdown. Increasing rents and housing prices contribute to this.

Growing numbers of females recorded as homeless in Croydon, (doubled in the last year). An identified gap in services for rough sleepers is the provision of “wet” accommodation – for individuals who are not able/prepared to reduce their alcohol use, but who need accommodation to address their vulnerabilities/health needs.

### LONG-TERM CONDITIONS

The average age of retirement for someone with multiple sclerosis is 42 years.

Over 45 per cent of people with asthma report going to work when ill, increasing the risk of prolonged sickness and affecting their ability to perform effectively.

People with heart failure lose an average of 17.2 days of work per year because of absenteeism caused by their condition.

Lost earnings due to sickness-absence are currently estimated at £22 billion per year for the UK economy.

### LGBT

The LGBT population face a general lack of services. Where services exist, they are often under represented. For example: Croydon Domestic Abuse and Sexual Violence Service recognises that LGBT clients are underrepresented in caseload data and more work is needed to support this group.

### WORKING AGE CARERS

Providing 10 hours of unpaid care per week appears to be a threshold at which carers become at risk of losing income or employment. Ethnic minority carers are estimated to provide more unpaid care than the general population.

### DISABILITIES

More people with disabilities are likely to be employed now than ever before, however they are still significantly less likely to be employed when compared to non-disabled people.

### MENTAL HEALTH

Just 8 per cent of people with schizophrenia are in employment, despite evidence that up to 70 percent of people with severe mental illness express a desire to work.
## Homelessness

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>2,285</td>
<td>Croydon residents recorded homeless or in temporary housing</td>
</tr>
</tbody>
</table>

Almost 90% in Croydon are aged between 18-55 years.

1 in 2 (44%) had spent time in care and prison as well as the armed forces (all 3).

More than 1 in 2 rough sleepers have been without stable accommodation for longer than a year (60%).

### Housing

<table>
<thead>
<tr>
<th>1 in 5 were male</th>
</tr>
</thead>
<tbody>
<tr>
<td>Croydon has seen a 22% increase (2014-2017), compared with 7% for London.</td>
</tr>
</tbody>
</table>

### Rough Sleepers (RS)

Almost 90% in Croydon are aged between 18-55 years.

1 in 2 (44%) had spent time in care and prison as well as the armed forces (all 3).

More than 1 in 2 rough sleepers have been without stable accommodation for longer than a year (60%).

### Rough Sleepers Health (RS)

50% been to A&E in last 6 months.

52% attacked while sleeping rough.

### Rough Sleepers Safety (RS)

1 in 7 (14%) rough sleepers have substance misuse, as well as mental health needs. Croydon has more counted rough sleepers needing extra support than the London average.

### Rough Sleepers Substance Misuse (RS)

1 in 3 in London earn less than the London Living wage, even when professionally qualified.

## Mental Health

1 in 3 adults has a common mental health problem at any one time.

1 in 95 adults has a serious mental health illness like schizophrenia or bipolar disorder.

Depression and anxiety are 4-10x more common in those unemployed for more than 12 weeks.

## Long-term Conditions

### Obesity

2 in 3 (62.2%) adults in Croydon are overweight or obese (aged 18 and over).

### Diabetes

1 in 31 working age people (18-64) in Croydon predicted to have diabetes. Expected to increase by 10% by 2025.

## Employment and Illness

Those unemployed are 2x at risk of limiting long-term illnesses.

## Alcohol

Women suffering domestic abuse are 15x more likely to misuse alcohol.

## Financial Hardship

1 in 40 aged 18-64 predicted to have a learning disability.

1 in 44 aged 18-64 in Croydon predicted to have a serious physical disability.

6% of 18-64 year olds in Croydon receiving long-term support from social services are in paid employment.

1 in 3 of 18-64 year olds with a learning disability are in unstable accommodation.

2 in 3 (62.2%) adults in Croydon are overweight or obese (aged 18 and over).

### Working Carers

More than 1 in 6 working aged carers (25-64) in Croydon provide full-time care (50 hrs or more per week), typically more females than males.

### Employed Carer Health

2-3x more full-time carers report ‘Not Good’ health, if also in full-time work.

### Working Age Carers

1 in 8 working age people (25-64) in Croydon provide unpaid care.

### Change and Challenge Across the Life Course: Working Ages:

### Employment

1 in 8 working age people (25-64) in Croydon provide unpaid care.

### Time Spent Caring

2-3x more full-time carers report ‘Not Good’ health, if also in full-time work.

### Mental Illness

1 in 3 adults has a common mental health problem at any one time.

1 in 95 adults has a serious mental health illness like schizophrenia or bipolar disorder.

Depression and anxiety are 4-10x more common in those unemployed for more than 12 weeks.
Croydon has the third largest 18-64 population in London. Proportionately compared to the other London boroughs, Croydon has the ninth lowest proportion of their population aged 18-64 years.

Addiscombe ward has the highest proportion of working age people. All but two of these 6 areas have become more deprived since 2010, and two have become significantly more deprived. The two wards that contain these very deprived albeit small areas are West Thornton and Fieldway.

The rate of growth (2016-2025) in Croydon is 5.6% in the 25-64 age group. This is a smaller proportionate increase than London (7.6%). 55-59 and 60-64 age ranges show the largest increase.
As the population over the age of 65 continues to increase, and becomes more diverse in its ethnic composition, health and social care provision for older adults and carers of older adults in Croydon needs to evolve. However, older adults and carers of older adults are not just consumers of health and social care services but also important contributors and have a wealth of experience to offer. It is important therefore that we facilitate this section of Croydon’s population to continue to make a contribution to their own health and wellbeing, to society and to live lives to their full potential.

### Housing

Older adults, particularly those living alone and/or in larger family homes, those with disabilities and those with existing long-term conditions (physical or mental) are amongst those considered to be most vulnerable to fuel poverty and the impacts of cold, damp homes.

Croydon has the highest number of care homes in London. A large number of places are occupied by self-funders or out of borough placements. This can result in high demand for a few places for local authority funded eligible older adults who need nursing or residential care.

Projections for each of the groups within the life stages we have presented is not straightforward. We have presented the overall change in each age group as a whole. More work is required to model at a smaller level the projected population change in key cohorts.

### Mental Health

Mental health has an impact on physical health and vice versa. As well as the typical life stressors common to all people, many older adults also experience limited mobility, chronic pain, frailty or other mental or physical problems. In addition, older people are more likely to experience events such as bereavement, a drop in socioeconomic status with retirement, or a disability. All of these factors can result in isolation, loss of independence, loneliness and psychological distress in older people.

### Long-term Conditions

Long-term conditions are more common in older people and age increases the chances of having more than one condition. In addition, most individual long-term conditions are more common in poorer sections of society, and are more severe in nature even when less common. It is estimated there will be rising demand for prevention and management of multi-morbidity rather than of single disease.

### Disabilities

Disability develops earlier for people in the poorest sections of our society.

### Mental Health

Disability develops earlier for people in the poorest sections of our society.
### Change and Challenge Across the Life Course: Older Ages:

#### Long-Term Conditions

**1 in 8**
Older adults are predicted to have diabetes.

**1 in 7**
Older adults are self-reportedly in bad or very bad health.

**1 in 4**
Older adults are obese. Expected to increase by 22% by 2025.

**1 in 42**
Older adults predicted to have a longstanding health condition caused by a stroke. Expected to increase by 24% by 2025.

#### Disabilities

**1 in 10**
Older adults received social care.

**1 in 4**
Older adults with a limiting long-term illness whose day-to-day activities are limited a little.

**1 in 47**
Older adults predicted to have a learning disability.

**1 in 11**
Older adults predicted to have a moderate or severe visual impairment. Increases significantly with age and expected to increase by 24% to 2025.

#### Housing

**1 in 25**
Of Croydon’s older adults live in households without central heating. Worse than England.

**211**
Older adults per year are permanently admitted to care homes in Croydon.

#### Health State

**1 in 10**
Older adults have 2 or more long-term health conditions.

**1 in 8**
Older adults are self-reportedly in bad or very bad health.

#### Obesitiy

**1 in 4**
Older adults are obese. Expected to increase by 22% by 2025.

#### Stroke

**1 in 42**
Older adults predicted to have a longstanding health condition caused by a stroke. Expected to increase by 24% by 2025.

#### Mental Health

**1 in 17**
Older adults experience loneliness always or often.

**1 in 11**
Older adults are predicted to have depression.

**1 in 36**
Older adults are predicted to have severe depression.

#### Depression

**1 in 14**
Older adults are predicted to have dementia.

#### Learning Disabilities

**1 in 8**
Older adults are carers themselves.

**1 in 3**
Older carers provide ‘full-time care’ (50 hours or more per week).

#### Social Isolation

**1 in 10**
Older carers are in very bad health.

**1 in 2**
Adult carers reported having as much social contact as they wanted.

### Summary:

- **1 in 25** of Croydon’s older adults live in households without central heating.
- **1 in 10** older adults have 2 or more long-term health conditions.
- **1 in 7** older adults are self-reportedly in bad or very bad health.
- **1 in 4** older adults are obese. Expected to increase by 22% by 2025.
- **1 in 4** older adults with a limiting long-term illness whose day-to-day activities are limited a little.
- **1 in 8** older adults are predicted to have diabetes.
- **1 in 4** older adults with a limiting long-term illness whose day-to-day activities are limited a lot.
- **1 in 47** older adults predicted to have a learning disability.
- **1 in 11** older adults predicted to have a moderate or severe visual impairment.
- **1 in 10** older adults are carers themselves.
Selsdon and Ballards ward has the highest proportion of older adults \textsuperscript{99}.

It is estimated in 2016 that 1 in 4 older adults (aged 65+) in Croydon were from a BAME ethnic group (26.1%).

By 2025 it is expected that this will increase to 1 in 3 (35.5\%)\textsuperscript{99}.

The rate of growth (2016-2025) in Croydon is 23.6\% in the 65+ age group, overall. This is a larger proportionate increase than London (21.1\%). The 75-79 and 85+ age ranges show the largest increase\textsuperscript{100}.
As I said at the beginning of my report, Croydon seems to be misunderstood by many. They don’t see this wonderfully diverse borough with all its great opportunities and significant challenges.

I hope that my report can start to demonstrate that we are an outer London borough with inner London borough challenges and it’s not just about the proportionality or percentages – after all, as I often say “100% of 4 is still only 4”. It is about the considerable numbers of people who are impacted by poor health and those many things that can contribute to poor health and premature death.

Saying that, this report is also designed to provide you with a range of memorable facts and figures about our borough. My hope is that you are able to use them to improve the health of the people of Croydon and, more importantly for me, to reduce the inequalities that we still find here.

Rachel Flowers,
Director of Public Health
Many thanks to Nerissa Santimano, Public Health Principal for her overall leadership of the development of the report and to the project team:

Craig Ferguson, Principal Public Health Intelligence Analyst, Jack Bedeman, Consultant in Public Health, Mar Estupinan, Public Health Principal and Richard Eyre, Strategy Manager for Adults.

Thanks also go to the many contributors of this report, whether of content, feedback or moral support! It has most definitely been a team exercise and output.

A special thank you to Louise Summers, Principal Designer at the council’s design team, CroydonDesign for their amazing work on the report.

Finally, to anyone else I may have forgotten to name, a sincere thank you for your contribution.

Give us your feedback.

Do let me know your comments on the report, either by emailing me at rachel.flowers@croydon.gov.uk

or by post to:
Croydon Council, Public Health Division, People Department, 2nd floor Zone E, Bernard Weatherill House, 8 Mint Walk, Croydon, CR0 1EA
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77. Projecting Older People Population Information System
78. Projecting Older People Population Information System
79. Croydon JSNA, Older Adults (aged 65 years and over) and Carers of Older Adults: Maintaining Optimal Health and Supporting Independence in the Community
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Councillor Louisa Woodley
Cabinet Member for Families, Health & Social Care (FHSC)
Deputy, Councillor Callton Young

Responsibilities
- Adult Safeguarding Board
- Adult Social Care
- Better Care Fund / Care Act
- Disability Service
- Domestic & Sexual Violence – FHSC & FSJ*
- Gateway Services – Adults & Housing Need
- Housing Needs & Assessment
- Adult Mental Health
- NHS Commissioning Advice
- NRPF
- Public Health
- Social Work
- Adult Commissioning

Policy Developments
- Care Act 2014: Modernisation and consolidation of adult care law with new national eligibility criteria, carers’ right to assessment, a wellbeing principle, statutory Adult Safeguarding Boards and a right to independent advocacy
- Children & Families Act 2014 Links with Care Act – opportunities for integration of services: reforms for children and young people with Special Educational Needs and Disabilities (SEND)
- Better Care Fund (BCF) aims to promote better integration between health and social care to provide a whole system approach to improving patient outcomes through investing in community based services. In 2016-17 BCF will be increased to a mandated min of £3.9bn to be deployed locally on health & social care through pooled budget arrangements between LA’s & CCG’s

Projects and Programmes

Live Well (person centred integrated lifestyle service)
- Launch of ‘Just Be...’ online behaviour change platform in July 2016 supported by development of MI change; in-house lifestyle services to be launched in October 2016, encouraging people to make healthier lifestyle choices including smoking and weight management

Transforming Adult Social Care (TRASC) Programme
- ‘A life not a care plan’ - TRASC will deliver personalised services and a financially sustainable adult social care system which can meet increasing demand arising from an aging population and an increase in clients with increasingly complex needs

Outcome Based Commissioning (OBC) for over 65’s
- Integrated commissioning of all health and social care services for our over 65 population. Improving outcomes set by our residents through a new model of care and long term outcomes based, capitation contract delivered by a local Alliance of providers across the statutory, voluntary and community sector

All Age Disability Service 0-65
- Development and delivery of our All Age Disability Framework focusing on our understanding of needs and developing clear pathways from birth to 64 for children with Special Educational Needs and Disabilities and adults with disabilities and support for their families

Commissioning for Personalisation (TRASC workstream)
- Achieve outcomes and a sustainable model of ASC, market facilitation for direct payments, commissioning of effective payroll and support planning and brokerage services, domiciliary care and care home market management, supported living accommodation and accreditation of personal assistants

Social Isolation JSNA and action plan
- To be developed following Croydon Congress event on Social Isolation & Loneliness

Improving Mental Health
- Continue to implement strategy to strengthen community provision for adult mental health; and develop our work in increasing dementia

Welfare reform
- Implementation of Phase 2 of the “Gateway” approach to reach more families

Housing Needs
- Continue to reduce families in emergency and temporary accommodation

*Indicates responsibilities that come under more than one Cabinet Member and states other relevant Cabinet Leads
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HEALTH AND SOCIAL CARE
SCRUTINY SUB COMMITTEE
16 JANUARY 2018

HEALTH AND SOCIAL CARE
SCRUTINY SUB COMMITTEE
WORK PROGRAMME 2017/2018

Stephen Rowan
Head of Democratic Services & Scrutiny

The Scrutiny Work programme is scheduled for consideration at every ordinary meeting of this Committee.

To consider any additions, amendments or changes to the agreed work programme for the Committee in 2017/2018.

This agenda item details the Committee’s proposed work programme for the remainder of the 2017/2018 municipal year.

The Sub Committee has the opportunity to discuss any amendments or additions that it wishes to make to the work programme.

The work programme is attached at Appendix 1.

Agree any changes or amendments to the Work Programme.

Stephanie Davis
Democratic Services Officer
020 8726 6000 x 84384

Appendix 1 Work Programme 2017/2018

None

REPORT TO:
SUBJECT:
LEAD OFFICER:
ORIGIN OF ITEM:
BRIEF FOR THE COMMITTEE:
1. EXECUTIVE SUMMARY
2. WORK PROGRAMME
3. RECOMMENDATIONS
REPORT AUTHOR:
APPENDICES:
BACKGROUND DOCUMENTS:

APPENDICES:
None
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# Draft Scrutiny Work Programme 2017/2018

## Health and Social Care Scrutiny Sub Committee

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<td>16 January 2018</td>
<td>Families Health and Social Care Q &amp; A, Director of Public Health Annual Report, Adult Safeguarding Board Annual Report, IVF Referral Update</td>
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<td>The work of SLaM, Healthwatch Update, JHOSC Update</td>
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*The Committee has a statutory role to Scrutinise:*

- Health & Wellbeing Board Public Health
- CCG
- Local health service providers